

Course Description

Over 35 million Americans are affected by debilitating headaches. However, the management of chronic daily headaches is usually limited to the use of pharmaceutical medications with a low degree of efficacy.

The goal of this activity is to review the latest evidence-based literature on the treatment of chronic migraines and other headache disorders, and discuss novel alternative methods of headache management. The course will focus on improving patient outcomes by improving their functionality, as well as minimizing their dependence on opioids and visits to the emergency departments.

We will discuss the current classification of headache disorders (ICHD-3 beta), and share algorithms for stepwise management of these challenging cases; ranging from biofeedback and meditation, novel uses of preventive medications, Botox injections, anesthetic peripheral nerve blocks, and surgical decompression of the responsible nerves.

Learning Objectives

- Review of the current definitions of headaches and migraines
- Review of the current literature for medical and pharmaceutical headache therapy
- Review of the indications for escalations of medical management of chronic migraines and headaches
- Presentation of an algorithmic approach to management of intractable pain in patients with chronic migraines and headaches
- Presentation of the techniques for Botox injection for migraines
- Presentation of peripheral nerve blocks
- Presentation of surgical techniques for nerve decompression

Target Audience

This educational program is designed for physicians, physician assistants, and nurses who have expressed interest in learning more about the updates in management of chronic and debilitating migraine headaches.

CME Accreditation Statement

This activity has been planned and implemented in accordance with the Accreditation Requirements and Policies of the Medical Society of the State of New York (MSSNY) through the joint providership of the Westchester Academy of Medicine and Westchester Medical Center. The Westchester Academy of Medicine is accredited by the Medical Society of New York (MSSNY) to provide Continuing Medical Education for physicians.

The Westchester Academy of Medicine designates this live activity for a maximum of -TBD- AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU Accreditation Statement

This activity has been submitted to the Emergency Nurses Association for approval to award contact hours. American Nurses Association is accredited as an approver of continuing nursing education by the Emergency Nurses Credentialing Center's Commission on Accreditation.



Headache Specialists
**Westchester
Medical Center**
Westchester Medical Center Health Network

Westchester Medical Center
100 Woods Road
Valhalla, NY 10595

Evidence-Based Management & Treatment of Chronic Headaches

**Saturday, April 8, 2017
7:30 a.m. - 12 Noon**

Taylor Pavilion Conference Center
Westchester Medical Center
Valhalla, NY

Online registration deadline is
Wednesday, April 5th

Please visit our website at
www.westchestermedicalcenter.com/cme
for registration and payment.

Credit information: 3.5 CME/CNE credits applied for



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Course Directors:

Kaveh Alizadeh, MD
Section Chief, Plastic Surgery,
Department of Surgery
Westchester Medical Center

Nitin Sekhri, MD
Section Chief, Pain Management,
Department of Anesthesiology
Westchester Medical Center

For information or questions please contact
WMC Conferences at conferences@wmchealth.org
or 914.493.5756

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Department of Anesthesiology
Westchester Medical Center

Additional Faculty

Jin Li, MD
Section Chief, Neuromuscular Medicine,
Department of Neurology
Westchester Medical Center

Gary Rogg, MD
Physician, Internal Medicine & Private Practice
Westchester Medical Center

Agenda

Saturday, April 8, 2017 — 7:30 a.m. - 12 Noon.

7:00 a.m. – 8:00 a.m. **Registration and Breakfast**

8:00-8:45am **Headache** Gary Rogg, MD

8:45 - 9:30 a.m. **Interventional Management for Headaches** Nitin Sekhri, MD

9:30 - 9:45 a.m. **Break/Exhibit viewing**

9:45 - 10:45 a.m. **Headache Update 2017** Jin Li, MD

10:45 – 11:00 a.m. **Break/Exhibit viewing**

11:00 a.m. – 12 Noon **Migraine Surgery** Kaveh Alizadeh, MD

12:00 – 1:00 p.m. **Lunch/Exhibit viewing**

Venue Information

Taylor Pavilion Conference Center
Westchester Medical Center
100 Woods Rd.
Valhalla, NY 10595

Registration Fees

Physicians	\$ 50.00
Nursing / Physician Assistants / Technicians	\$ 35.00
Fellows / Residents / Students	\$ 25.00
Industry Professionals	\$ 50.00

Credit Information

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Online Registration

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www.westchestermedicalcenter.com/cme
for registration and payment.

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Wednesday, April 5th

(Walk-in registration will be available on
the day of the conference)

Cancellation Policy: Full refunds are available
prior to April 1, 2017. After this date you
may send an alternate to the event without
additional charge. To request a cancellation
or to make a change please send an email
to conferences@wmchealth.org or call
914.493.5756.

Information

For information or questions please contact:
conferences@wmchealth.org
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