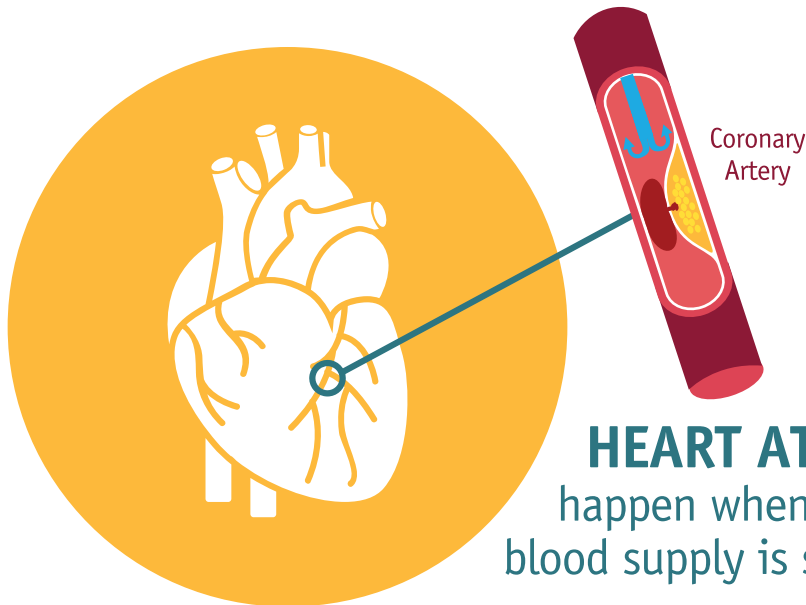


HEART ATTACK



Heart & Vascular
Institute

Westchester Medical Center Health Network



**Roughly
735,000**
Americans suffer
a heart attack
every year.

That's a
heart attack
**every
43 secs!**

HEART ATTACKS
happen when the heart's
blood supply is suddenly cut off.

Discomfort or
tingling in arms,
back, neck,
shoulder or jaw



Sudden
dizziness



Heartburn-like
feeling

Cold
sweat



Chest pain

Most common
IN MEN...

Watch for

THE SIGNS

Additional symptoms, most
common **IN WOMEN...**



Shortness of
breath

Nausea or
vomiting



Unusual
tiredness

1 IN 2
PEOPLE who die
from heart attacks,
pass away within
the **1st hour**
of having symptoms.

**Every
second
matters** to
save heart muscle—
and your life!

Many
patients
experience the
symptoms but they
**wait too
long.**

When
in doubt,
**dial
9-1-1!**



911

Think you're having one?

Information provided for educational purposes only. Please consult your health care provider regarding your specific health needs.

For more information, visit WMCHHealthAPS.com/Heart